Human Irisin/FNDC5 ELISA Instructions

CAT:EH0081

Content

	CAT	Volume
❶CP (Coated Plate)	EH0081CP	96 well
❷S1 (Standard)	EH0081S1	2 vial
❸SD (Sample Diluent)	ESD10	12ml/bottle
❹DA (Detect Antibody)	EH0081DA	6 ml/bottle
❺SH (Streptavidin-HRP)	ESH01	12 ml/bottle
❻AB (Assay Buffer 1×)	EAB01	12 ml/bottle
❼TS (TMB Substrate)	ETS01	12 ml/bottle
❽SS (Stop Solution)	ESS01	12 ml/bottle
❾WB (Wash Buffer 10×)	EWB01	50 ml/bottle
❿SF (Sealer Film)	ESF01	6 pieces

NOTE: After the kit is opened, the stabilization period of each content is 30 days, so please use the kit within 30 days after opening.

REAGENT PREPARATION

Washing Buffer (1×) Preparation

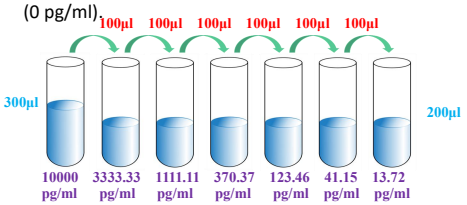
Pour entire contents (50 ml) of the **Washing Buffer Concentrate** (10×) into a clean 500 ml graduated cylinder. Bring to final volume of 500 ml with glass-distilled or deionized water. Transfer to a clean wash bottle and store at 2 to 25℃.

Standard Curve Preparation:

Reconstitute Human Irisin Standard by addition of distilled water as S1. Reconstitution volume is stated on the label of the standard vial. Swirl or mix gently to insure complete and homogeneous solubilization (concentration of reconstituted standard = 10000 pg/ml).

Allow the standard to reconstitute for 10-30 minutes. Mix well prior to making dilutions.

Pipette 200 µl of Sample Diluent into each tube. Use the high standard to produce a 1:2 dilution series. Mix each tube thoroughly before the next transfer. Sample Diluent serves as the zero standard (0 pg/ml).

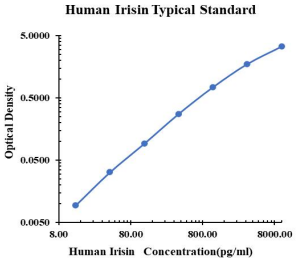


ASSAY PROCEDURE

Bring all reagents and samples to room temperature before use.

1. Prepare all reagents and working standards as directed in the previous sections.
2. Remove excess **CP** (Coated Plate) strips from the plate frame, return them to the foil pouch and reseal.
3. Add 50 µl of **AB** (Assay Buffer) to each well.
4. Add 50 µl of **Standard or sample** per well. Ensure reagent addition is uninterrupted and completed within 15 minutes.
5. Add 50 µl of **DA** (Detect Antibody) to each well.
6. Cover with an **SF** (Sealer Film). Incubate at room temperature (18 to 25℃) for 2 hours on a microplate **shaker** set at 500 rpm.
7. Aspirate each well and **wash**, repeating the process four times. Wash by filling each well with WB (Washing Buffer 300 µl). Complete removal of liquid at each step is essential to good performance. After the last wash, remove any remaining WB (Washing Buffer) by aspirating or decanting. Invert the plate and **blot** it against clean paper towels.
8. Add 100 µl of **SH** (Streptavidin-HRP) to each well.
9. Cover with a new **SF** (Sealer Film). Incubate at room temperature (18 to 25℃) for 30 min on a microplate **shaker** set at 500 rpm.
10. Repeat aspiration/**wash** as in step 7.
11. Add 100 µl of **TS** (TMB Substrate) to each well. Incubate for 5-30 minutes at room temperature.
12. Add 100 µl of **SS** (Stop Solution) to each well.
13. Determine the optical density within 30 minutes, using microplate **reader** set to 450 nm corrected with 570 nm or 630 nm.

TYPICAL DATA



pg/ml	O.D.		Average	Corrected
0.00	0.0582	0.0571	0.0577	
13.72	0.0674	0.0667	0.0671	0.0094
41.15	0.0892	0.0903	0.0898	0.0321
123.46	0.1517	0.1488	0.1503	0.0926
370.37	0.3345	0.3369	0.3357	0.2781
1111.11	0.8002	0.8077	0.8040	0.7463
3333.33	1.8300	1.8080	1.8190	1.7614
10000.00	3.4460	3.3990	3.4225	3.3649

SENSITIVITY

The minimum detectable dose (MDD) of Human Irisin is typically less than 3.66pg/ml.

The MDD was determined by adding two standard deviations to the mean optical density value of ten zero standard replicates and calculating the corresponding concentration.

PRECISION

Intra-assay Precision (Precision within an assay) Three samples of known concentration were tested twenty times on one plate to assess intra-assay precision.

Inter-assay Precision (Precision between assays)

	Intra-assay Precision			Inter-assay Precision		
Sample Number	S1	S2	S3	S1	S2	S3
	22	22	22	6	6	6
Average (pg/ml)	173.9	907.2	3009.8	170.4	875.1	3022.8
Standard deviation	4.5	20.4	105.1	1.8	14.4	90.2
Coefficient of variation (%)	2.6	2.3	3.5	1.1	1.6	3.0

RECOVERY

The spike recovery was evaluated by spiking 3 levels of human Irisin into health human serum sample. The un-spiked serum was used as blank in this experiment.

The recovery ranged from 96% to 125% with an overall mean recovery of 113%.

LINEARITY

To assess the linearity of the assay, five samples were spiked with high concentration of Irisin in human serum and diluted with Sample Diluent to produce samples with values within the dynamic range of the assay.

The linearity ranged from 109% to 114% with an overall mean recovery of 112%.

SAMPLE VALUES

Serum/Plasma – Thirty samples from apparently healthy volunteers were evaluated for the presence of human Irisin in this assay. No medical histories were available for the donors.

Sample Matrix	Sample Evaluated	Range (pg/ml)	Detectable %	Mean of Detectable (pg/ml)
Serum	30	n.d.-71.89	46	7.87

n.d. = non-detectable. Samples measured below the sensitivity are considered to be non-detectable.